

## Menu in english

## Allergy information:

Dear customers. Please bare in mind that in our kitchens we use various ingredients that may produce allergic reactions such as soy, peanuts, nuts, seafood, fish, eggs, wheat flour, sulfites, sesame, eggs, lactose and celery. Not all of the ingredients we use are listed in the description of our dishes. If you have any dietary requirements please don't hesitate to inform a member of staff and we will do our utmost to accommodate your needs.

## Spice level 8

Please let us know how spicy you'd like your food.

Mild

Medium

Hot and spicy \* \* \*



Since 2012. in Wok we have been using eggs that come 100% from cage-free hens.

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# Starters and sharing plates



# garlic and soy sauce infusion and toasted sesame oil. **Mushroom.** (5 pieces) Filled with a mix of mushrooms,

ginger, mirin and soy sauce. \$24.900 **Chicken.** (5 pieces) Filled with a mix of chicken breast,

Pan fried and steamed chinese style dumplings served with

**Chicken.** (5 pieces) Filled with a mix of chicken breast, mushrooms, ginger and toasted sesame seeds. \$25.900 **Beef.** (5 pieces) Filled with a mix of beef, mushrooms, gin-

ger and toasted sesame seeds. \$29.800

Mixed. 2 chicken gyozas, 2 beef gyozas and 2 yasai

gyozas. \$30.800

Chili gyoza. • You can order all of our gyozas to be cooked with

a spicy chilli, garlic and soy sauce infusion.



# breast and vegetables, with soy sauce. Served with a sweet and sour dipping sauce. \$19.600

Shrimp spring rolls. (3 pieces) Filled with shrimps, coriander and sesame. Served with a Cambodian style lime and pepper dipping sauce. \$19.600

Thai spring rolls. (2 pieces) Filled with a mix of chicken



Rice paper rolls

Vegetables. (6 pieces) Butternut squash, avocado, jicama with mayonnaise, lettuce and micro greens.

Served with a soy infused dipping sauce (does not contain nam-pla). \$19.900



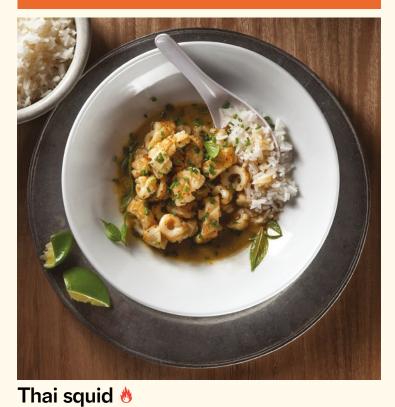
**Trout.** (6 pieces) Smoked trout with avocado, jicama with mayonnaise, lettuce, herbs and micro greens. Served with lime, chilli, nam-pla and peanut dipping sauce. \$27.900



# **Portobello mushroom.** • • • Pan fried mushrooms, tossed in a soy sauce and lime dressing with dry chilli powder, coriander, long leaf coriander, mint, spring onion, shallots

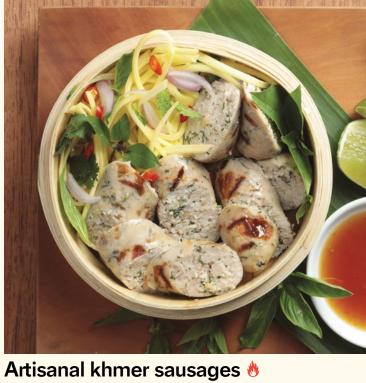
and roasted jasmine rice powder. \$23.900

## Southeast Asian starters



# Chargrilled squid tossed in a citric dressing. We recommend that you order a portion of iasmine or brown rice to accom-

that you order a portion of jasmine or brown rice to accompany this dish (not included in the price). \$36.900



# pork, coconut milk, lemongrass, peanuts chilli, nam-pla and coriander. Served with green mango salad and sweet chilli sauce. \$30.900

(2 pieces) Cambodian style sausages filled with minced



# WOH

\* Banh mi wor. \* Banh mi wor. \* Banh mi

Vietnamese style baguette filled with lettuce, pickled carrot,

Chicken. With chargrilled chicken thighs marinated in a

cucumber, herbs, mayonnaise and sriracha sauce.

Omelette. (v) (contains soy sauce). \$21.900

Banh mi 👏

6

soy and peanut oil infusion. \$28.900

Small soups ✓

\$20.900

**Miso.** Miso with wakame, tofu and spring onion. \$12.400

**Carrot.** Carrot, ginger, coriander and coconut milk.

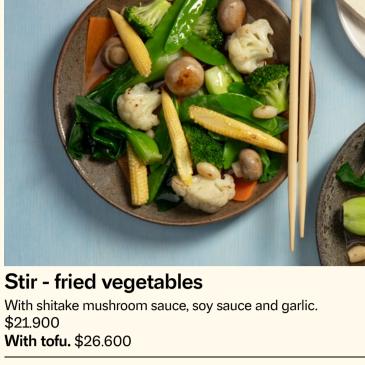


# Vegetables

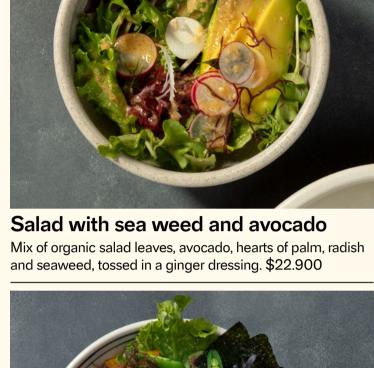




and garlic. \$12.900



# 100



Mix of organic salad leaves with seasonal vegetables, miso chips, seaweed and sesame seeds. Served with a miso,

Wok house salad

tahini sauce or ginger dressing. Smoked tofu. \$29.900 Chicken breast. \$34.900 Smoked trout. \$37.900

Macrobiotic bowl

Brown rice, butternut squash, kale, seaweed, avocado, micro



Stir - fried mushrooms with tofu

Served with jasmine or brown rice. \$31.900

Selection of mushrooms, tofu, baby bok choy, spring onion, thai basil, shitake mushroom sauce, soy sauce and garlic.



# Stir - fried brown rice

## Rice bowl sizes ⊕ ⊕



## Khao pad €

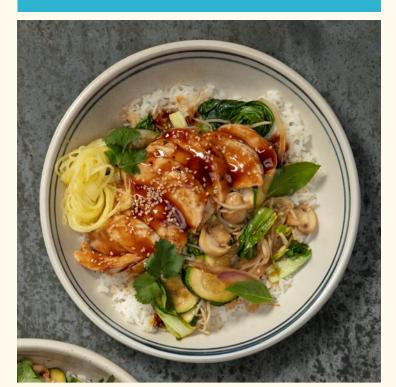
Stir fried brown rice with vegetables, egg, oyster sauce, soy sauce, lemongrass and sesame oil.

Pork. \$28.900



With shitake mushrooms, carrots, green beans, egg, tofu, cashew nuts, galangal, kaffir lime leaves, lemongrass and yellow soy bean sauce. \$33.900

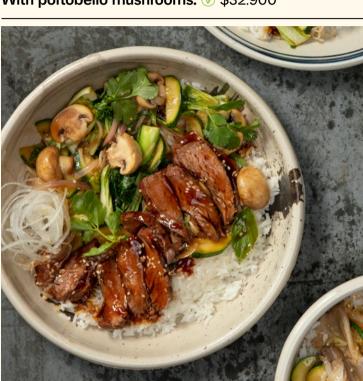
## **Donburis**



# **Bamboo Wok**

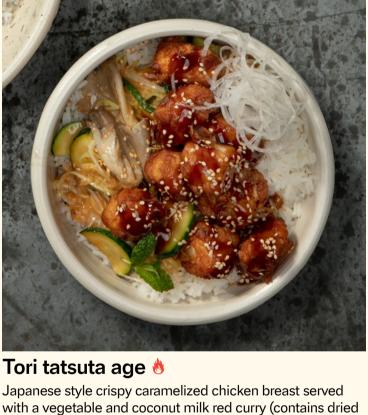
Chargrilled chicken breast served with stir fried vegetables with hoisin sauce, jasmine or brown rice, green mango and sesame seeds. \$37.900

With portobello mushrooms. 🕢 \$32.900



## Lomo Wok Chargrilled beef served with stir fried vegetables, teriyaki

sauce, jasmine or brown rice, sesame seeds and japanese radish. \$44.900



shrimp paste) and jasmine or brown rice with sesame seeds and japanese radish. \$39.900



poke sauce. \$35.900

Trout donburi 🕏 Grilled trout (marinated with soy sauce, mirin and lemon) served with sushi or brown rice, vegetable slaw, mango, avocado, shichimi (blend of sesame seeds and spices) and

## Stir - fried rice

## Rice bowl sizes ⊕⊕



## Cantonese rice 🝚

Stir fried rice with chicken breast, apples, bok choy, vegetables, sesame oil, ginger, soy sauce, sesame seeds and lime. Served with brown or jasmine rice. \$28.900



## Mandarin rice €

Stir fried rice with vegetables, egg, sesame oil, nam pla, lemongrass and sesame seeds. Prepared with brown or jasmine rice.

With beef sirloin marinated in soy sauce. \$45.900 With jumbo shrimps. \$44.900



## Nasi goreng 🕞 🔥

With shrimps. \$44.900

Stir fried jasmine rice with vegetables, egg, soy sauce, celery leaves, turmeric, cashew nuts, peanut and shrimp oil. Served with crispy fried shallots, peanuts, toasted coconut and cucumber.

and cucumber.

With tofu (without shrimp oil). 

\$\infty\$ \$34.900

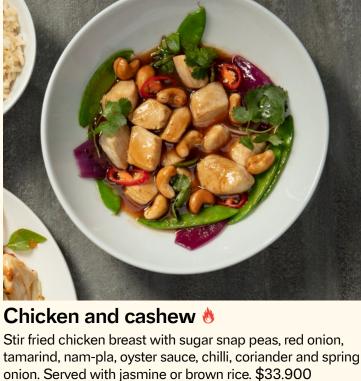
With beef sirloin marinated in soy sauce. \$45.900

# **Southeast Asian**



# jasmine or brown rice. \$28.700

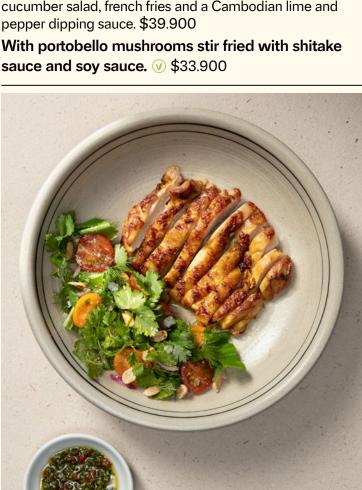
Stir fried finely chopped chicken breast with chilli, garlic, thai basil and oyster sauce. Served with a fried egg and







Cambodian style stir fried beef (marinated with nam-pla and sesame oil) with oyster sauce served with a tomato and cucumber salad, french fries and a Cambodian lime and



Lok lak

With chicken. \$33.900 With rump steak. \$39.900

Tomato salad with fresh herbs, shallots and peanuts. With rump steak. Served with chimichurri sauce with thai basil,

Thai chimichurri 🚸

fresh coriander and chili. With tofu. **W** \$28.700



Khao mon gai 🔥 Slices of breaded chicken breast served on a bed of jasmine

or brown rice, with a cucumber, shallot, chilli and coriander

## Ramer



## Shoyu

Homemade wheat and egg based noodles served in a chicken and chashu (pork and soy sauce) broth with marinated soft boiled eggs, mitzuna, spring onion, hearts of palm and sesame oil.

With chicken thigh. \$33.900 With chashu (pork). \$37.900

## Vegetable miso ramen 🕭 🕖

Wheat based noodles, smoked tofu, stir-fried vegetables, miso and vegetable broth, soy sauce, sesame seeds, spring onion, wakame and chili oil. \$26.900



# Wonton

Homemade wheat based noodles (egg free) served in a vegetable broth with tofu wontons, shitake mushrooms, chives and sesame oil. \$33.900



## Tan tan 槸

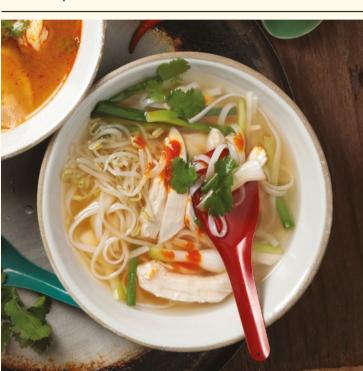
Homemade wheat based noodles (egg free) with stir-fried chopped chicken with shitake mushrooms and courgettes. Served in an aromatic chicken and tahine broth with szechuan peppercorn, sesame, chilli oil, garlic, spring onion, bok choy and chashu sauce (pork and soy sauce). \$37.900

# Soups



## Vietnamese noodle soup with mushrooms **V**

Vegetable broth with rice noodles, beansprouts, soy sauce, spring onion and fresh coriander. Served with sriracha sauce and lime. \$23.900



## Vietnamese noodle soup With chicken. Chicken broth with rice noodles, beans-

prouts, oyster sauce, nam-pla, spring onion and fresh coriander. Served with sriracha sauce and lime. With chicken \$29.900



coriander. Served with sriracha sauce and lime. \$37.900



Tom yam 🔥 Aromatic seafood broth with mushrooms, lemongrass, kaffir

lime leaves, coriander, galangal, chili and nam-pla. Served

with rice (jasmine or brown) or with rice pasta. With chicken breast. \$34.900 With jumbo shrimp. \$41.900

# Noodles



## Stir fried rice noodles with bean sprouts, tamarind, spring onion, egg, nam-pla, soy sauce and peanuts.

With vegetables and tofu (without nam pla). 🕖 \$29.900

With chicken breast. \$35.900 With shrimp. \$40.900

With seafood (shrimp, squid and fish). \$46.900

Spicy Phad Thai. \delta Let your server know if you want your Pad

Thai prepared with an added spicy kick of chilli.



## With chicken breast. \$33.900 With shrimp and chicken breast. \$37.900

With vegetables and shitake sauce. \$26.900



\$34.900

\$34.900



Aromatic shrimp and fish balls served with rice pasta, herbs, bean sprouts, spring onion, garlic chips, peanuts and dried chilli powder served with a nam-pla and lime dressing.

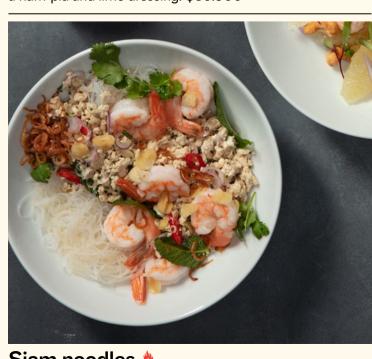
With smoked tofu, avocado and egg, served with a

# soy and lime dressing (does not contain nam-pla). \$23.900

Thai rice pasta bowl 🔥



Crispy noodles Shrimps, poached chicken breast, vegetables, crispy vermicelli noodles, thai basil, mint and peanuts tossed in a nam-pla and lime dressing. \$36.900



Siam noodles 🔥 Jumbo shrimps, stir fried aromatic chopped chicken breast and vermicelli noodles with lemongrass, coriander, mint, chilli and a piquant nam-pla and lime dressing. \$39.900

## **Curries**



## Khmer 🔥

Cambodian style stir fried lemongrass curry with oyster mushrooms, carrots, cauliflower, green beans, holy basil, peanuts and nam-pla. Served with jasmine or brown rice.



## Khao soi 🔥

Yellow chicken curry with coconut milk, nam-pla, shrimp paste, kaffir lime leaves, and thai basil with pasta (contains weath and egg), garlic chips, crispy shallots and coriander. Served with pickled bok choy, chilli sauce and lime. \$41.900

With tofu. \$36.900

# Japanese curry rice

Homemade curry served with rice and vegetable pickle.

Breaded chicken breast. \$29.900 Breaded pork chop. \$31.900

## **Onigiris**



## Edamame and sesame

Rice, sesame and nori. \$9.900

## Putumayo palm hearts

Rice, palm hearts, nori, mayonnaise and miso. \$12.900

## Shrimp and kani 🛊

Rice, shrimp, kani sticks, mayonnaise and nori. \$13.900

## Smoked trout #

Rice, smoked trout and nori. \$15.900

# Maki



## (8 pieces) Salmon, cream cheese and sesame seeds. \$27.900

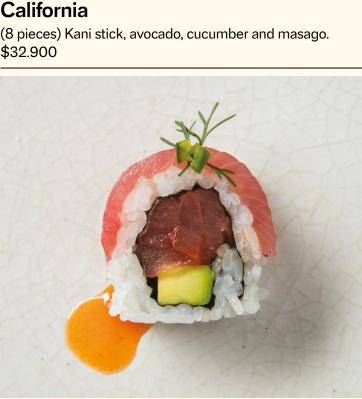
With trout. \$22.900



# \$28.900







# Jalapeño ป๋₺₺

sauce with sesame oil. \$38.900

(8 pieces) Tuna, avocado, jalapeño, coriander and rocoto



Spicy roll 🕯 ರೆ ಘೆ 🔥 (8 pieces) Shrimp, Kani stick, avocado and cucumber, rolled in sashimi slices, topped with jalapeño, spicy mayon-

naise and tangerine sauce with soy and sesame seed oil. \$37.900

# Maki

# Ebi cashew

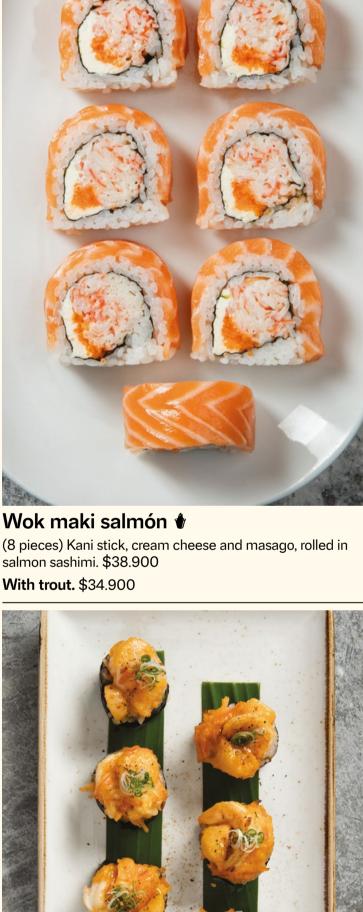
(8u) Shrimp, avocado, cashew, miso mayonnaise, chives and lime. Served with ponzu mayonnaise \$22.900



# Veggie (without Pirarucú). \$20.900



A SUL



# Dynamite 🛊 ປໍ ບໍ່ 🔥 (6 pieces) Shrimp, kani stick and fish, masago, asparragus, avocado, with dynamite mayonnaise, spring onion, butter,

garlic and teriyaki sauce. \$38.900

# Salmon tempura ko 🛊

(8 pieces) Grilled marinated salmon, cucumber, avocado

and cream cheese, served with crunchy tempura ko and teriyaki sauce with yuzu and miso. \$39.900

# Maki



teriyaki sauce and sesame sedes. \$39.900



Tempura ko (ebi) 🕈

(8 pieces) Shrimp tempura, kani stick, cream cheese, cucumber and avocado, rolled in tempura ko, topped with

teriyaki sauce and sesame seeds. \$38.900

Ceviche maki (acevichado) 🕈 🕽 🕹

mi, topped with white onion, garlic, coriander and "leche de tigre" sauce (contains celery). \$39.900

(8 pieces) Panko fried shrimp and avocado, rolled in sashi-

## Wok fish



## Cambodian style fish ป๋₺₺

With green mango salad, herb and peanut salad and a khmer lime and pepper sauce. Served with jasmine or brown rice. \$55.900

## Salmon thai 🛊 🕭

Roasted salmon served with green mango salad, roasted red peppers, nam-pla, chilli, sesame seeds and sushi rice. \$57.900



## Sake maguro don 🕯 ರೆ 🕹 👌

Tuna and salmon with poke sauce (contains sesame seed oil), seared avocado, green mango, cabbage, sesame seeds, edamame, coriander and Wok shichimi (mixture of sesame seeds and spices), served a bed of sushi rice. \$39.900

# Veggie nigiri





Shitake with sesame oil and sesame seed, avocado, plantain, tomato or asparagus.

**Per piece.** \$3.800

**3 pieces.** \$11.200



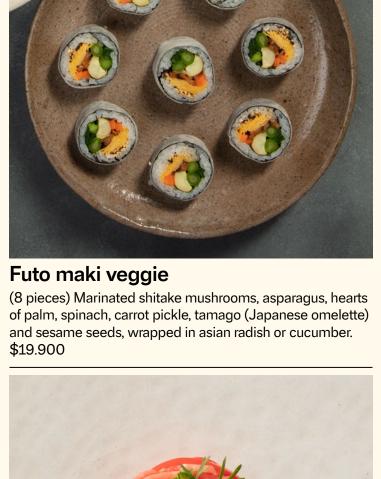


## (8 pieces) Shitake mushrooms, sun dried tomatoes, spinach and asparagus, rolled in avocado, topped with lemon and

citrus fruit puree. \$24.900







with sesame oil. \$21.900

Jalapeño and tomato 🔥 (8 pieces) With asparagus, avocado, carrot pickle, cucum-

ber, hearts of palm, shiso and cream cheese with dill, wrapped in tomato, with coriander, jalapeño and rocoto sauce



Vegetable ceviche

\$26.900



(8 pieces) Crispy panko crusted hearts of palm and sundried tomatoes wrapped in avocado with finely chopped onion, garlic, lime, coriander and a vegetarian leche de tigre sauce.

# Nigiri and sashimi



## Nigiri Local ∳ುீ்

Per piece. Snapper, tuna or sea bass. \$7.900

**Trout.** \$7.200 Pirarucú. \$8.100

**3 pieces.** \$20.900 Imported 🛊 Per piece.

Shrimp. \$9.300



One variety (5 pieces). Salmon. \$29.900



ponzu dressing. \$37.900

Sashimi salad பீர் Seasonal sashimi, shrimps, avocado, hearts of palm and organic salad greens, served with a ginger and

# Wok in a glass



## Juices

Golden passion fruit. \$7.100

Mango. \$7.100

**Araza.** \$7.800

Cupuazu. \$7.800

Strawberry. \$7.900 Mandarin. \$8.900

Gili gili. Tamarind, pineapple, ginger and a syrup infused

with spices. \$11.700 Tropicana. Mango, mandarin, banana and purple passion

fruit. \$12.300 Mango lush. Mango, lemongrass, apple and ginger.

\$13.800 Acai, mango and purple passion fruit. \$13.900

Ping pong. Red grape, lychees, fresh lime and soda water. \$14.600

Strawberry and lychee. \$14.900



# Traditional. \$5.900

Lemongrass. \$7.200 Mint frappe. \$7.400

Honey. \$8.900

Sodas

## Golden passion fruit. \$7.100 **Tamarind.** \$7.100

Purple passion fruit. \$7.100

Corozo. With lemon zest. \$7.800

Camu camu. \$7.800

# Ice tea

Green Wok. A blend of local Colombian green tea with mint, guayusa and yacon. \$6.200

syrup and lime. \$9.200 Ice tea Wok. A blend of fruit tea, fresh orange and lime juice and a syrup infused with spices. \$13.900

Watermelon Ice Tea. Watermelon, jasmine tea, ginger

Hibiscus infusion. No added sugar. \$6.900 Cucumber with thai basil. Cucumber juice, thai basil and

a ginger and lime syrup. \$11.600

# **Smoothies**

Prepared with homemade cashew milk.

Banana and cacao. Cacao nibs, banana, cinnamon, coconut and dates. \$14.500

Mixed berry. Mix of fresh berries, banana, cinnamon and

## mint. \$14.600

Freshly squeezed juices Carrot, apple and ginger. \$12.400

Green juice. Apple, pear, lime and baby spinach. \$15.900

Others Lychee water. \$19.900

Manantial mineral water (500ml). \$6.700 Sparkling manantial mineral water (300ml). \$6.100

Sodas (330ml). \$5.400 Ginger ale (300ml). \$6.900

## **Beers**

## Draft Pola del pub.

Germania. \$7.900

India Pale Ale (IPA) (330ml). \$14.900

Ōtoro. Japanese style pilsen lager (330ml). \$15.900

## Wine

Blanco Glass Bottle

Flor de Crasto

(**Portugal**). \$26.900 | \$128.900

## Rosado

Protocolo tempranillo

(Spain). \$26.900 | \$128.900

## **Tinto**

J. Bouchon Carmenere

(Chile). \$26.900 | \$128.900

A glass of warm mulled wine. \$26.900

## Sake

## Chilled jar

Momokawa Organic or Diamond. \$34.900

# Dessert at Wok





\$14.900

Coconut flan \$12.300

## Chocolate cake with blackberry compote Flour free. \$15.900 With vanilla ice cream. \$21.400

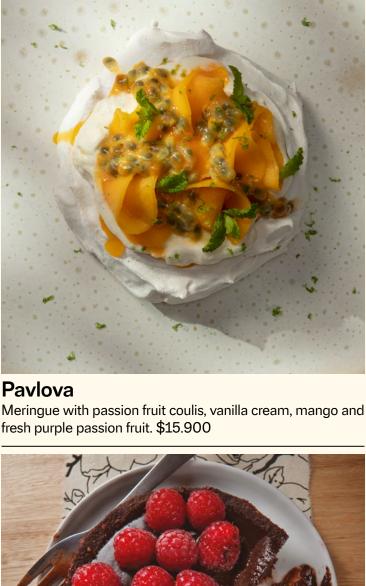


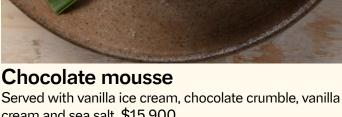
Matcha tea "tres leches"

Served with mix berry compote and vanilla cream. \$17.900

Mixed berries cheesecake

\$17.900







cream and sea salt. \$15.900

# Coffee

We offer a choice of two varieties of coffee from different regions of Colombia.

## Nariño Erom an ass

From an association of small producers.

## Huila From an a

From an association of young and female coffee farmers.



Cappuccino. \$5.400
Latte. \$7.100
Macchiato. \$4.300

Double espresso. \$5.400

**Espresso.** \$4.200





## **Green Wok.** A blend sa and yacon. \$6.100

Infusions

Ginger and honey. \$4.600

Apple, blackberry and fresh herbs. \$6.300

# pple, blackb

Hot chocolate

Prepared with 100% single origin Colombian chocolate from Arauca.

With lactose - free r

With lactose - free milk. \$6.400 With cashew milk. \$7.200

## Kids menu



## Satays

1 skewer and a side dish.

Chicken thighs marinated in soy sauce infusion and peanut oil. \$17.900

## Side dishes:

- · Stir fried rice with peas, egg, chives and sesame oil.
- · Stir fried vegetables with soy sauce.
- · Butterfly pea flower infused rice.

## Mini bamboo Wok

Chargrilled chicken breast marinated in hoisin sauce, served with stir fried vegetables, jasmine or brown rice, green mango and sesame seeds. \$24.900

## Mini stir fried egg noodles

Stir fried wheat and egg noodles, vegetables, oyster sauce, soy sauce, ginger and sesame oil.

With vegetables and shitake sauce. \$16.900 With chicken breast. \$20.900

## Wok at home



## Gyoza kit

Contains 9 frozen gyozas and a packet of soy infused dipping sauce.

Mushrooms. \$28.900 Chicken. \$28.900 Beef. \$31.900

Mixed. (3 mushroom, 3 chicken, 3 beef). \$31.900



## Tan tan ramen kit

\$39.900

**Tan Tan broth.** Broth (chicken broth with tahini and Szechuan pepper).

**Tan Tan chicken.** Chopped chicken breast with shitake and courgette.

Vegetables. Sliced onion and bok choy.

Saporo style ramen pasta. Does not contain eggs. Sesame seeds.

Preparation instructions.





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